

FALL AT NJADS



It's fall and NJADS has so much fun planned for the season! We have all new classes but they are only here for a limited time! We have some important dates for your calendars for closures and we have some upcoming fun events like our Halloween Themed week and a discounted visit to see a Magician and watch your dance friends perform.

Congrats to our dancers

for making it through the first 3 weeks of class! Many of our dancers are now settling into the routine, but note, it is also **TOTALLY NORMAL** if dancers are still shy or a little nervous coming to class. Each dancer progresses at their own time, and some dancers will take a little longer to be comfortable and fully participate in class. Often it is a lot more difficult for the parent to see the child attend class on their own than it is for the dancer!

[Check out our blog](#) for tips on how to ease transition for your child and decrease both your anxieties



NEW LIMITED TIME CLASSES

As we celebrate season 20 we have some fun new classes to offer this fall only!

For 8 weeks we will be offering a **NEW ECE Music Program**. This is a parent and tot program for ages 0-3! It's never too early to introduce your little one to music and our music teacher [Danielle Musgrave-Bond](#) knows just how to do it. [Click here for more information!](#)

For 4 weeks we will be offering **K-Pop and Bellydance Classes**! Our K-Pop classes are for ages 8-10 and 11-17 with a K-Pop Cover Choreo class being offered as well for our 11-17 year olds giving them an opportunity to learn the routines their favourite K-Pop performers use.

Our Bellydance classes are available for ages 5-7, 8-10, 11-17 and adults. This class promotes body positivity, and self-love. It is a fun upbeat class and a great workout for the body as well.

[You can learn about these classes here](#)

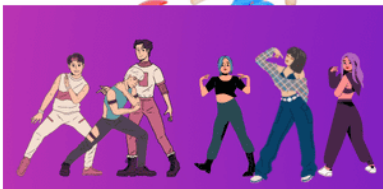
DON'T FORGET WE'RE CLOSED

Don't forget Thanksgiving Weekend is coming up!

The studio is closed Sunday, October 8th and Monday, October 9th!

We are also closed on Halloween (Monday, October 31st)

All other dates are classes as usual!





COSTUME WEEK

It's time to get creative! It's our favourite season! With Halloween approaching remember to wear your costumes to class the week of October 24-30th. We love seeing how our dancers dress up for Halloween or re-use old costumes.

SHOW OUR NEIGHBOURS SOME LOVE

This is just a reminder that both locations share space with other businesses. We ask that you respect the spaces that is shared such as hallways and bathrooms. We especially want to recognize our karate friends at our Ancaster location. We ask that you save the space at the back of the hallway for our karate parents and use the seating and cubbies INSIDE the studio for our dance family. You may from time to time see a dancer waiting for their karate sibling or their own karate class but we ask that you otherwise use the dance studio seating.

MAD MAGIC

Catch our dancers performing at the Zoetic on October 28th at 7:00pm! We will be opening for the World's Funniest MAD SCIENTIST MAGICIAN! We are very excited for this opportunity and families are encouraged to come dressed in costumes! Use the code NJADS at checkout for a discounted price!

[Click here for Tickets](#)



Lion's Heart Seating

BE YOUR BOSS SELF



ADULT CLASSES ARE STARTING

Did you know you know we offer adult classes?

We offer classes in Ballet, Tap, Contemporary, and the 4-week Bellydance session.

We also offer a StudioFIT program...these fitness classes will help you feel great in your body and celebrate your progress however it looks and feels.

We offer an Adult Class Pass for 10 classes of your choice, or if you are in our StudioFit program you have unlimited access to our dance classes!

[Click here for class options](#)



NJADS Seating

Join our private Facebook Community Group for Dance Families only!

