



October 2021 Newsletter

Halloween Costumes

Students are invited to wear their Halloween costumes to dance class the week of **October 25-30th**. Please make sure it is something that they can move and dance in, and leave any props or masks at home.

We will be posting pictures and Halloween routines from class on social media for parents to enjoy since our lobby remains closed due to COVID-19.



NJADS Merchandise

The Merch orders are currently in transit and should be delivered to the studio soon! Those that ordered their FREE Limited Edition NJADS t-shirt or other studio merch will have their order given to your child at the end of their regular dance class. We can't wait to see pics of your dancer!



Student of the Month Hamilton

Lyla Wagstaffe (age 6). Lyla is a dedicated, kind and hardworking. She is always first to raise her hand to demonstrate a jazz skill for all of our friends. Keep up the great work Lyla!!!!



Student of the Month Ancaster

Penelope Dimtsis (age 6). Penelope is a big ball of energy with a positive attitude. She is always cheering on her peers in class and every class she has improved her skill from the week before! We look forward to seeing how Penelope's technique in her Acro class progresses throughout the season!



COVID-19 Screening

A reminder to please be vigilant in self-screening your child before attending dance class each week. Please notify us of ALL absences through the Parent Portal (link is on our website) by "Submitting an Absence." Advise the reason, and any symptoms (if applicable). This will assist us in contact tracing if a situation arises where it is required.

Unsure if your child is well enough to attend class? Students with the following symptoms cannot attend class:

- Fever and/or chills
- Cough or barking cough (croup)
- Shortness of breath
- Decrease or loss of taste or smell
- Nausea, vomiting, and/or diarrhea

FREE Journal Prompt & Reflection Workshop



This is a self-guided workshop where dancers can reflect holistically on their experience in dance. We will be sending out a journal prompt each week covering a wide range of topics, such as:

- Dance technique and artistry
- Health and wellness
- Leadership and social issues faced by students
- The role of dance in their lives outside the studio
- Future plans and how dance can support those plans
- Their habits in and out of the studio and how those habits can support their dance training
- Sources of dance inspiration, both past and present.

Depending on the age of the dancer will reflect how much writing is done. Younger dancers may wish to draw a picture or only write one sentence. Older dancers may write a paragraph, or several pages!

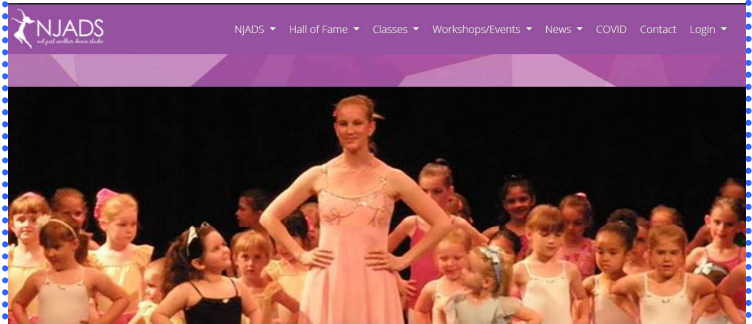
Miss Alyssa is available at alyssa@notjustanotherdancestudio.ca if your dancer would like to share.

REGISTER ONLINE IN THE STUDIO PORTAL or text us at (905) 529-9885 and we can assist you!

Did you Know???

Have you checked out our new website? At the end of August, we launched an improved and simplified version of our site. It is easier to navigate and find the information that you are looking for.

You can easily log into your Studio Portal Account, complete your COVID screening and more!



YOUR DANCE STUDIO WITH A HEART ♥

Our family values are apparent in everything that we do, from music to costuming to our class curriculum. Our friendly, professional staff will nurture your child to flourish and become a passionate & confident dancer! Our staff take an honest interest in our dancers and their development and believe in empowering our dancers to actively participate in their dance education process. We treat our students with respect, and use positive reinforcement in

This Month's Highlights

October 11th

Studio closed for Thanksgiving.

October 25-30th

Students may wear Halloween costumes to class.

October 31st

Stay safe while trick or treating!

On Tuesdays, we wear
pink

